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## EMG-based pattern recognition approach in post stroke robot-aided rehabilitation: a feasibility study

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### Abstract

**Background:** Several studies investigating the use of electromyographic (EMG) signals in robot-based stroke neuro-rehabilitation to enhance functional recovery. Here we explored whether a classical EMG-based patterns recognition approach could be employed to predict patients' intentions while attempting to generate goal-directed movements in the horizontal plane.

**Methods:** Nine right-handed healthy subjects and seven right-handed stroke survivors performed reaching movements in the horizontal plane. EMG signals were recorded and used to identify the intended motion direction of the subjects. To this aim, a standard pattern recognition algorithm (i.e. Support Vector Machine, SVM) was used. Different tests were carried out to understand the role of the inter- and intra-subjects' variability in affecting classifier accuracy. Abnormal muscular spatial patterns generating misclassification were evaluated by means of an assessment index calculated from the results achieved with the PCA, i.e. the so-called Coefficient of Expressiveness (CoE).

**Results:** Processing the EMG signals of the healthy subjects, in most of the cases we were able to build a static functional map of the EMG activation patterns for point-to-point reaching movements on the horizontal plane. On the contrary, when processing the EMG signals of the pathological subjects a good classification was not possible. In particular, patients' aimed movement direction was not predictable with sufficient accuracy either when using the general map extracted from data of normal subjects and when tuning the classifier on the EMG signals recorded from each patient.

**Conclusions:** The experimental findings herein reported show that the use of EMG patterns recognition approach might not be practical to decode movement intention in subjects with neurological injury such as stroke. Rather than estimate motion from EMGs, future scenarios should encourage the utilization of these signals to detect and interpret the normal and abnormal muscle patterns and provide feedback on their correct recruitment.

### Background

The American Heart Association, the Department of Veterans Affairs and the Department of Defense have recently endorsed the use of robotic therapy to enhance the recovery of upper extremity following a stroke [1]. This endorsement is a result of multiple, randomized controlled clinical studies that showed improvement of movement coordination and motor recovery after injury [2-6]. The key concept behind upper extremity robotic therapy is that

robot-based training involving repetitive task-oriented movements with significant attention demands might promote brain plasticity and recovery. While motor recovery has several distinct traits other than motor learning, we often adopt motor learning models as the keystone for organizing therapy aimed at altering the underlying neural architecture and connectivity to promote recovery. Yet little is known about what constitutes best practice after a stroke. We do not know the optimal amount of therapy, the most effective duration of treatment, its content, and the best intensity of the training sessions [7-10]. Nevertheless, the potential benefits of robotic therapy are considerable. For example, a "robotic gym" could allow the rehabilitation of several patients to take place at the same

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