

# Pessimism



Pessimism is a mental attitude. Pessimists anticipate undesirable outcomes from a given situation, which is generally referred to as situational pessimism, or believe that undesirable things are going to happen to them in life more than desirable ones. Philosophical pessimism - Notable proponents - Other forms. The glass is half-empty and storm-clouds loom overhead (never with a silver lining). Pessimists get a lot of flak for negativity, and their health may take a beating. Is being pessimistic always such a bad thing? Actually, the latest research suggests that some forms of pessimism may have benefits. the tendency to see the bad side of things or to expect the worst in any situation: There has been a mood of growing pessimism about the nation's economy. Definition of pessimism. 1: an inclination to emphasize adverse aspects, conditions, and possibilities or to expect the worst possible outcome. 2 a: the doctrine that reality is essentially evil. Pessimism: Pessimism, an attitude of hopelessness toward life and toward existence, coupled with a vague general opinion that pain and evil. Definition of pessimism - a tendency to see the worst aspect of things or believe that the worst will happen, a belief that this world is as bad as it could. Pessimism definition, the tendency to see, anticipate, or emphasize only bad or undesirable outcomes, results, conditions, problems, etc.: His pessimism about. 26 Oct - 3 min - Uploaded by The School of Life Pessimism is generally equated with a grumpy and immature kind of mood. But it is in fact at. Generally speaking, most of us try to be optimistic whenever possible because it makes life a little easier to cope with if you assume everything. pessimism in Webster's Revised Unabridged Dictionary, G. & C. Merriam, ; pessimism in The Century Dictionary, The Century Co., New York, 18 Nov HD Remaster rando. DbD after. Resident Evil HD Remaster. Game. Speedrunning.. Chill. Today I want to advance the unusual idea that we'd be a great deal more cheerful if we learnt to be a little more pessimistic. And, from a completely secular point. Is your glass always half empty? Do you expect negative outcomes? As a pessimist, you may have more advantages than you think. Read on to. Synonyms for pessimism at redialc.com with free online thesaurus, antonyms, and definitions. Find descriptive alternatives for pessimism. A new study from Michigan State University found that the brains of optimists and pessimists are different. So the next time you tell someone to "cheer up.

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